

Recreational Tourism

Course Title	Recreational Tourism							
Course Code	TTOU-202							
Course Type	This course serves as both Elective and Requirement, according to the program.							
	<table border="1"> <tr> <td>Hospitality Bachelor</td> <td>Requirement</td> </tr> <tr> <td>All Programs</td> <td>General Elective</td> </tr> </table>		Hospitality Bachelor	Requirement	All Programs	General Elective		
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All Programs	General Elective							
Level	Bachelor (1 st Cycle)							
Year / Semester	Year 3, A' Semester							
Teacher's Name	Dr. Michalis Anastasiou							
ECTS	6	Lectures / week	3	Laboratories / week				
Course Purpose and Objectives	Recreation and leisure is a non-stop industry with phenomenal growth, tremendous potential, and diverse career paths and options. This course introduces recreation and leisure as essential to our cultural, moral and spiritual well-being, involving private, public and commercial sectors; presents information on the history, philosophy, scope and values of parks and recreation services; their organization and relationship to other social institutions.							
Learning Outcomes	<p>Upon completion of this course students will be able to:</p> <ol style="list-style-type: none"> 1. Describe the significance and economic impacts of recreational tourism. 2. Differentiate between the types of recreational tourism. 3. Analyze the conceptual foundations of play, leisure and recreation for all populations and settings. 4. Demonstrate critical thinking including analysis, synthesis and application in the fields of recreation, play, leisure, parks, hospitality and tourism. 5. Classify the different forms of recreation and learn the management techniques for each. 6. Discuss the nature of recreation as a profession. 							
Prerequisites	TTOU – 100 Introduction to Travel & Tourism			Required				

Course Content	<ol style="list-style-type: none"> 1. Government-sponsored recreation, national parks and public recreation 2. Foundations of recreation and leisure. 3. Understanding of the psychological, sociological, and physiological significance of recreation and leisure from an historical perspective of all population and settings 4. History and development of the recreation: a fundamental understanding of different forms of recreation: indoor and outdoor recreation, adventure opportunities 5. Leisure and recreation as a multifaceted delivery system: delivery systems. 6. Public recreation, public parks, non-profit sector, commercial sector, therapeutic recreation, special markets 7. Delivering recreation and leisure services: program delivery and the many modes of Recreation 8. Recreational sport management, Health, Wellness 9. Outdoor and adventure recreation 10. Arts and culture 11. The nature of recreation and leisure as a profession 								
Teaching Methodology	The course is delivered through lectures, group discussions and group activities.								
Mode of delivery	Face to face.								
Bibliography	Required								
	<ol style="list-style-type: none"> 1. Edginton, D., DeGraaf, D., Dieser, R., Leisure and life satisfaction, 4th ed., McGraw-Hill, Chicago. 2. Kumar, R., Sports, Adventure and Recreational Tourism, SBS Publishers, 2009. 								
	Recommended								
<ol style="list-style-type: none"> 1. Kraus, R., Sudbury, M., Basic Concepts; Philosophical Analysis of Play, Recreation, and Leisure, Jones and Bartlett Publisher, 2010. 									
Assessment	<p>The following assessment methods are employed to assess this course:</p> <table border="1" data-bbox="517 1576 1369 1839" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;">30 – 50 %</td> <td style="text-align: center;">Final Exam</td> </tr> <tr> <td style="text-align: center;">20 – 40 %</td> <td style="text-align: center;">Mid –Term / Tests / Quizzes</td> </tr> <tr> <td style="text-align: center;">10 – 30 %</td> <td style="text-align: center;">Assignments / Projects</td> </tr> <tr> <td style="text-align: center;">0 – 10 %</td> <td style="text-align: center;">Class Attendance & Participation</td> </tr> </table>	30 – 50 %	Final Exam	20 – 40 %	Mid –Term / Tests / Quizzes	10 – 30 %	Assignments / Projects	0 – 10 %	Class Attendance & Participation
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Language	English								