



Course Title	Baking & Savouries					
Course Code	TCUA-106					
Course Type	This course serves as both Elective and Requirement, according to the program.					
	C	Culinary Diploma Requirement				
	A	All Programs		General Elect	ive	
Level	Diploma (Short Cycle)					
Year / Semester	Year 1, B' Semester					
Teacher's Name	Dimitris Kouklos					
ECTS	5	Lectures / week		Laboratories /	/ week	4
Course Purpose and Objectives	This course introduces students to the practical and theoretical aspects of Baking & savourise, providing them the basic knowledge and practical experience. Also, this course helps them develop a professional attitude and appearance, acquire professional skills and behave in a professional manner in a bakery lab. The main aim is to empower students with the ability to understand different bakery ingredients available in the market, select the right quality in a cost-effective way. Comprehend the methods of bakery & savoury and identify the circumstances they are used.					
Learning Outcomes	Upon completion of this course students will be able to:					
	Identify how to properly use bakery equipment and tools.					
	State the appropriate temperatures bakery items need to be cooked.					
	Perform basic bakery mixing methods.					
	Produce basic bread & savoury preparations.					
	5. Practice on producing basic savouries.					
	6. Prepare croissants, puff pastries, danish dough.					
	7. Develop basic savouries and explain the baking preparations methods.					
Prerequisites	TCUA – 100 I	Introduction to Gastrono	omy & Culin	ary Theory	Required	





Course	Introduction to baking, history, evolution of bakery through the years				
Content	Bakery personnel, hierarchy (Bakery brigade), personnel duties, organization, staff scheduling.				
	 Bakery departments, storerooms, fridges, freezers, ancillary areas, Bakery equipment, mechanical and small ware utensils, pastry evolution and key features. 				
	4. Staff uniform, safety, basic knowledge for kitchen accidents.				
	Nutritional value to humans, Importance of selecting the correct bakery & savouries aspects that should be taken into consideration.				
	6. Personal hygiene, professional and hygienic appearance,				
	 Governing law regarding the sale and controlling of food. Food hygiene and kitchen hygiene regulations, correct storage of materials 				
	Be familiar with commercial baking equipment, quantity baking and specialty ingredients, breads, laminated doughs, quick breads.				
	 Prepare various bakery preparations such as: Vienna bread, soft rolls, Greek loaf, pizza, koulouri, whole wheat breads. 				
	 Prepare various savouries preparations such as: Butter croissants, chocolate croissants, puff pastries, danish. 				
	11. Scale, mix, mold, proof and bake yeast raised goods.				
Teaching Methodology	The course is delivered through lectures, demonstrations, and kitchen practice.				
Mode of delivery	Face to face.				
Bibliography	Required				
	 The Culinary Institute of America, Baking and Pastry: Mastering the Art and Craft, 3rd ed., John Willey & Sons, 2016. Practical Cookery, 14th ed. John Campbell, David Foskett, 2019. 				
	Recommended				
	 Professional Cooking, 9th Edition, Wayne Gisslen, 2019. Larousse Editions. Patisserie and Baking: The ultimate expert guide, with more than 200 recipes and step-by-step techniques, 2020 				





Assessment	The following assessment methods are emp	yed to assess this course:		
	30 – 50 %	Final Exam		
	20 – 40 %	Mid –Term / Tests / Quizzes		
	10 – 30 %	Assignments / Projects		
	0 – 10 %	Class Attendance & Participation		
Language	English			