



Course Title	Food Hygiene & Safety						
Course Code	THOM – 105						
THOM – 105	This course serves as both Elective and Requirement, according to the following table						
	Culinary Diploma			Requirement			
	All Programs			General Elective			
Level	Diploma (Short Cycle)						
Year / Semester	Year 2, A' Semester						
Teacher's Name	Maria Katsiari						
ECTS	6	Lectures / week	3		Laboratories / week	/	0
Course Purpose and Objectives	This course introduces students to the study of food and work safety. The student will learn the basic principles and applications of HACCP (Hazard Analysis Critical Control Points) by taking into consideration personal hygiene, sanitary practices, food management and preparation process, control of illness caused by food contamination and work place safety standards.						
Learning Outcomes	 Upon completion of this course students will be able to: Design and implement HACCP food safety management system in a kitchen or restaurant context, Develop a strong professional and food-safety oriented culture, Maintain a safe and healthy workplace environment by determining the responsibilities of employees, supervisors and managers. 						
Prerequisites	TCUA – 100 I Culinary Theo	JA – 100 Introduction to Gastronomy & nary Theory		Requ	uired		
Course Content	 An overview of food hygiene Food safety Hazards 						





	Food safety controls					
	4. Personal Hygiene					
	5. HACCP					
	6. Cleaning activities					
	7. Waste management					
	8. Chilling and cold handling					
	9. Cooking and re-heating					
	10. Physical, chemical, allergen hazards					
	11. Safe food storage					
	12. Safe and healthy workplace environment					
Teaching Methodology	The course is delivered in a theoretical manner by using slides and visual tools followed by a set of practical tasks.					
Mode of delivery	Through lectures, demonstrations and discussions.					
Bibliography	Required					
	Cassens.D., (2018) Dining Services Sanitation & Food Safety Guidelines: Enhancing Employees Cleaning, Sanitation & Food Handling Skills. Cassens Associates.					
	Recommended Practical Cookery, 14th ed. John Campbell, David Foskett, 2019					
	Professional Cooking, 9th Edition, Wayne	Gisslen, 2019.				
Assessment	The following assessment methods are employed to assess this course:					
Assessment	30 – 50 %	Final Exam				
	20 – 40 %	Mid –Term / Tests / Quizzes				
	10 – 30 %	Assignments / Projects				
	0 – 10 %	Class Attendance & Participation				
Language	English					